

Aotearoa

100% PURE  
NEW ZEALAND




newzealand.com

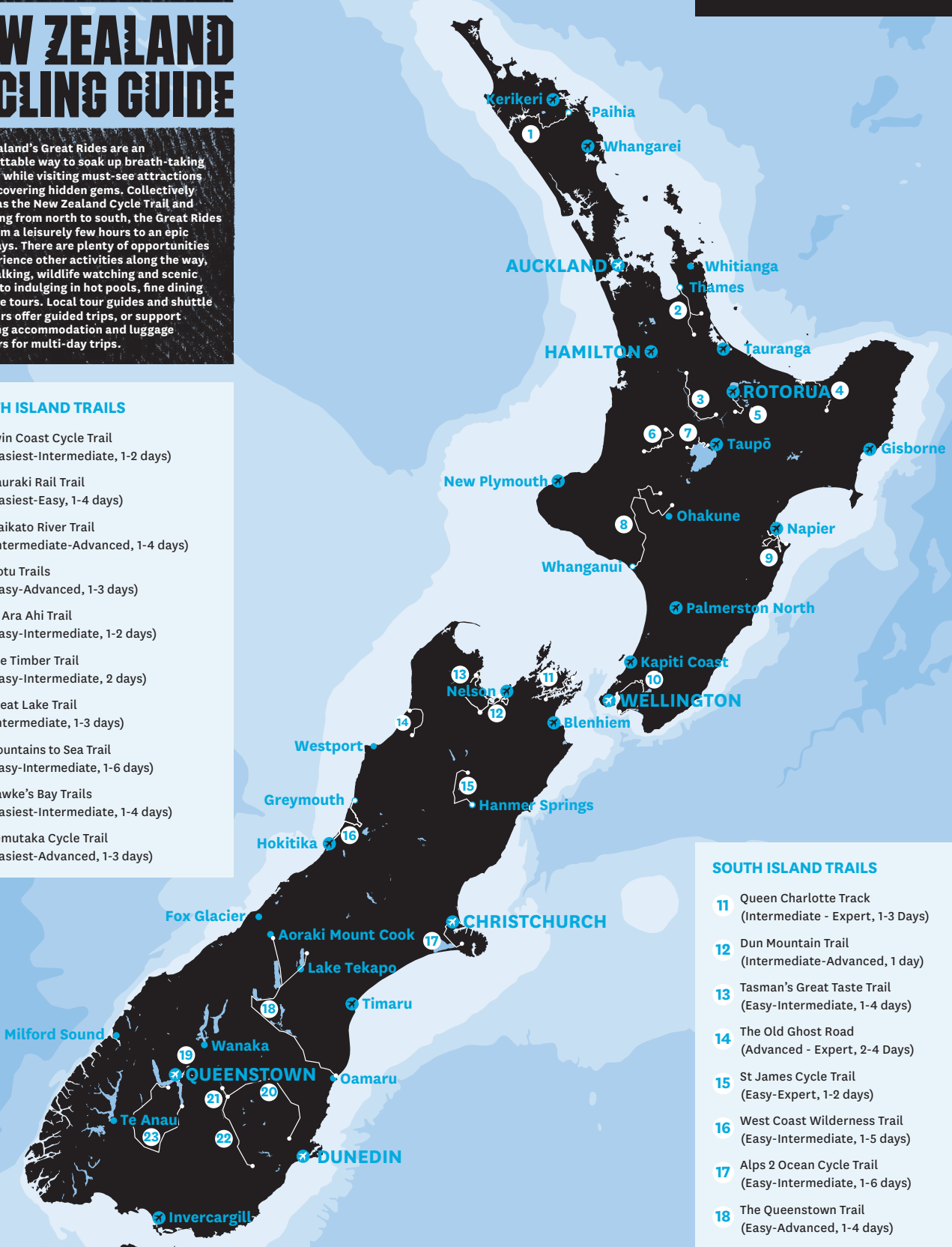
# NEW ZEALAND CYCLING GUIDE

New Zealand's Great Rides are an unforgettable way to soak up breath-taking scenery while visiting must-see attractions and discovering hidden gems. Collectively known as the New Zealand Cycle Trail and spreading from north to south, the Great Rides vary from a leisurely few hours to an epic eight days. There are plenty of opportunities to experience other activities along the way, from walking, wildlife watching and scenic flights, to indulging in hot pools, fine dining and wine tours. Local tour guides and shuttle operators offer guided trips, or support including accommodation and luggage transfers for multi-day trips.

## NORTH ISLAND TRAILS

- 1 Twin Coast Cycle Trail  
(Easiest-Intermediate, 1-2 days)
- 2 Hauraki Rail Trail  
(Easiest-Easy, 1-4 days)
- 3 Waikato River Trail  
(Intermediate-Advanced, 1-4 days)
- 4 Motu Trails  
(Easy-Advanced, 1-3 days)
- 5 Te Ara Ahi Trail  
(Easy-Intermediate, 1-2 days)
- 6 The Timber Trail  
(Easy-Intermediate, 2 days)
- 7 Great Lake Trail  
(Intermediate, 1-3 days)
- 8 Mountains to Sea Trail  
(Easy-Intermediate, 1-6 days)
- 9 Hawke's Bay Trails  
(Easiest-Intermediate, 1-4 days)
- 10 Remutaka Cycle Trail  
(Easiest-Advanced, 1-3 days)

-  International airport
-  Domestic airport
-  Cycling trail



## SOUTH ISLAND TRAILS

- 11 Queen Charlotte Track  
(Intermediate - Expert, 1-3 Days)
- 12 Dun Mountain Trail  
(Intermediate-Advanced, 1 day)
- 13 Tasman's Great Taste Trail  
(Easy-Intermediate, 1-4 days)
- 14 The Old Ghost Road  
(Advanced - Expert, 2-4 Days)
- 15 St James Cycle Trail  
(Easy-Expert, 1-2 days)
- 16 West Coast Wilderness Trail  
(Easy-Intermediate, 1-5 days)
- 17 Alps 2 Ocean Cycle Trail  
(Easy-Intermediate, 1-6 days)
- 18 The Queenstown Trail  
(Easy-Advanced, 1-4 days)
- 19 Otago Central Rail Trail  
(Easiest, 1-5 days)
- 20 Roxburgh Gorge Trail  
(Easy-Intermediate, 1 day)
- 21 Clutha Gold Trail  
(Easiest-Easy, 2 days)
- 22 Around the Mountains  
(Easy-Intermediate, 3-5 days)