


IF YOU SEEK FOOD, CULTURE & ADVENTURE

 Lost World
Waitomo

A true Kiwi experience

The magic of Aotearoa New Zealand awaits your discovery. Explore the North Island on this 7-day itinerary through regions filled with extraordinary people, daring adventures, and fascinating environments.

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Days 1-2: Auckland/Waikato

Begin your adventure in Tamaki Makaurau (Auckland), the largest city in Aotearoa. Meet people who come together in this vibrant metropolis to create a melting pot of experiences to enjoy. Hike remote forest trails and rugged coastlines, discover unique ecology and friendly wildlife, and let the forest be your guide if you choose a forest therapy. Sail with seabirds and dolphins, and if you dare, take the helm of the catamaran.

Venture down to the mighty Waikato and abseil 100 metres down through misty flora to the Lost World Waitomo, go tubing through underground tunnels carved by nature, and ramble through grottos to watch tiny dancing glow-worms light up the darkness around you.

Be guided through a protected maunga (mountain) by a knowledgeable rongoā (healing) practitioner. Learn how plants and trees were used in traditional Māori healing and well-being and experience the privilege of learning the tikanga (custom) associated with harvesting, preparing, and using plants for rongoā.

Want more? There are waterfalls, hobbit holes, surf beaches, and high places to jump from waiting for you. You've only got to seek them out.

Days 3-5: Bay of Plenty/Rotorua

Visit the coastal cities of Bay of Plenty, where you will unlock the true “Kiwi experience”. Welcoming locals, infused culture, and a laid-back vibe that veils the region’s adventurous side.

Learn the story of Mātaatua and step inside the whareniui (meeting house) that travelled the globe for 130 years before returning home to Whakatāne. In the evening, take a guided kayaking trip across a lake into a canyon glittering with glow-worms.

A little further down the road in Rotorua, you will find more geothermal delights, impactful culture, and forest canopy adventures.

Witness mud volcano eruptions, explore growing land coral, and lather yourself in geothermal mud that has healed for centuries. Watch master carvers and their apprentices etch and weave using techniques passed down from their elders. Zipline through the canopy of an ancient native forest and test your nerves on a 50-metre-high walkway.

Days 6-7: Wellington/Wairarapa

Let your senses guide you down to the Wellington region where you'll find a powerful mix of culture, nature, and cuisine. Stroll through hidden laneways and discover world-class coffee, legendary craft beer and even New Zealand's very first Certified Organic bean-to-bar chocolate makers, hosting hands-on tours and masterclasses.

Spend a night on Kāpiti Island, a world-renowned nature reserve, and have the chance to spot kiwi by the light of the moon.

About an hour's drive from Wellington, you'll find the charming Wairarapa region. Venture to Cape Palliser and hike an hour to the majestic Putangirua Pinnacles, where you'll find incredible rock formations. If you seek a little further, you'll discover the curious settlement of Lake Ferry. Talk with local fishermen and head to the pub for dinner and try their famed fish and chips. A perfect way to end your holiday.

