

ROTORUA

TOP TEN THINGS TO DO



Te Pā Tū
Rotorua

At the heart of Te Ika-a-Māui, the North Island, Rotorua is a cultural mecca and geothermal wonderland surrounded by pristine lakes and forests. The region offers something for everyone with a raft of vibrant Māori cultural tours, adrenaline-pumping activities, and relaxation experiences for those looking to unwind.

REJUVINATE AND RELAX

Soak up the beauty of Rotorua's hot pools and health spas, bubbling mud pools, and steaming lakes at any time of year. Relax in the mineral spring hot pools at **Polynesian Spa** and take in stunning views over the lake. Try the ancient treatment of a geothermal mud bath and sulphur spa at **Hell's Gate**. For those wanting the ultimate indulgence, visit **Wai Ariki Hot Springs and Spa** on the lakefront which offers a premium, cultural spa experience. Located on the edge of the forest, **Secret Spot** offers forest bathing in a cedar hot tub filled with fresh forest spring water.

WALK UP A DORMANT VOLCANO

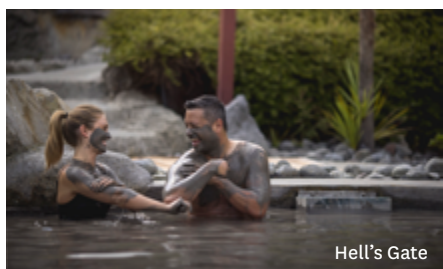
Mount Tarawera is Aotearoa New Zealand's version of the Grand Canyon with its impressive 360 degree views of the surrounding lakes and geothermal valley. Now dormant, learn the fascinating stories of its eruption back in 1866. As the land of **Mount Tarawera** belongs to the local Māori hapū (tribe) the only way to walk on Mount Tarawera is with local guides, **Kaitiaki Adventures** or take a helicopter flight and land on the mountain with **Volcanic Air**.

TE PUĪA

Home to Pōhutu, the largest active geyser in the southern hemisphere, **Te Puia** is a must visit. Join a guided tour to see traditional Māori carvers and weavers at the New Zealand Māori Arts and Crafts Institute. Witness the dramatic geysers exploding, and bubbling mud pools. View kiwi birds at the Conservation Centre and finish your tour with a hearty hāngī (earth oven) for lunch. On an evening tour experience an authentic Māori cultural performance, including the haka, and, while you sip on a delicious hot chocolate and sit on geothermally heated rocks, enjoy the beauty of Pōhutu lit up at night.

WALK OR ZIP THROUGH A FOREST CANOPY

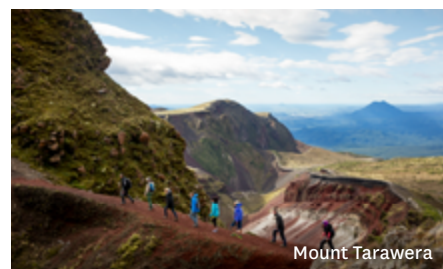
Zipline through a virgin native rainforest with eco-tourism specialists, **Rotorua Canopy Tours**, voted the #1 experience in the southern hemisphere by Trip Advisor. For those seeking a softer adventure, head to Whakarewarewa Forest and visit **Redwoods Treewalk**. Here, perched 20 metres above the forest floor on eco-suspended platforms and bridges, you will be surrounded by massive 120-year-old Californian redwood trees. By night, this experience becomes magical, with giant, intricate, lanterns lighting up the forest and creating an immersive and captivating environment.



Hell's Gate



Te Puia



Mount Tarawera



Rotorua Canopy Tours

WHAKAREWAREWA - THE LIVING MĀORI VILLAGE

Experience Māori culture and true manaakitanga (a deep expression of hospitality) at this unique **Living Māori Village**. See and learn about how Māori adapted to utilise the rich geothermal resources in this special reserve. Gain an insight into daily life within a village that sits upon boiling hot pools, erupting geysers and ancient native forest.

TE PĀ TŪ

Formerly Tamaki Māori Village, **Te Pā Tū** is New Zealand's most award-winning cultural experience and is perfect for those looking for a premium and more intimate encounter. Set in a fortified village amongst towering ancient trees and a blazing bonfire where foodies will be impressed with an evening of traditional hāngī (earth oven) and seasonal Māori delicacies prepared with fusion cooking techniques, whilst being amazed by stories, traditions and beautifully choreographed song and dance.

HIT THE BIKE TRAILS

Rotorua is a biking mecca and Whakarewarewa Forest, located five minutes from the city, boasts over 200 kilometres of purpose-built mountain biking trails catering for everyone from beginners to experienced adrenaline junkies. This forest has received Gold Status by the International Mountain Biking Association and is an epic year-round biking destination. For all your equipment needs, from bikes (including manual and e-bikes), shuttle services and guided tour options, visit the experts at **Mountain Bike Rotorua**.

RAFT THE RAPIDS OF KAITUNA RIVER

Conquer the world's highest commercially rafted waterfall, the seven metre Tutea Falls and the rapids of the Kaituna River. Try rafting or river sledging with **Kaitiaki Adventures**. Or combine your rafting adventure with a range of other activities. **River Rats Raft and Kayak** offer lake kayaking and kayaking trips to hot pools. **Rotorua Rafting** also offers rafting, as well as ziplining over the Kaituna River and its spectacular waterfalls.

ROTORUA LAKES

Rotorua is set amongst nature, surrounded by mountains, native forests, mighty rivers and 18 beautiful freshwater lakes. Take in the serenity of the lakes from onboard a **boat cruise**, visit magical glow-worm caves by paddleboard, try your luck at fly fishing, or take a high-speed jet boat ride over **Lake Rotorua** to Lake Rotoiti and peaceful Manupirua Hot Springs (only accessible by water) with **Katoa Jet**. To see the full beauty of this impressive volcanic and geothermal region, take a float-plane or helicopter flight with **Volcanic Air**.

ADVENTURE ROTORUA

Rotorua is THE adventure playground of Aotearoa New Zealand with activities to keep the whole family entertained. Visit **Skyline Rotorua** to take in the amazing views over Lake Rotorua and the city on the scenic gondola ride uphill, before the fun begins on your speedy downhill ride on the iconic luge. Or try rolling downhill in a giant inflatable sphere with **ZORB Rotorua**, which was invented in Rotorua. For the adrenaline seekers, **Velocity Valley** is a one-stop shop to loads of fun. Choose from the Agrojet speedboat, Freefall Xtreme, Rotorua Bungy, Shweeb or Swoop – or all of them!



Redwoods Nightlights



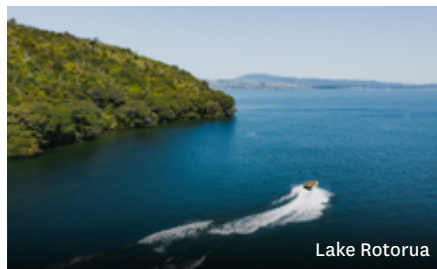
Whakarewarewa Living Māori Village



Skyline Rotorua



Kaituna Rafting



Lake Rotorua



Whakarewarewa Forest