Stunning natural landscapes, inspiring arts and delectable artisan produce await you in extraordinary Nelson Tasman. Three national parks provide multiple opportunities to enjoy the pristine coastline, lush native bush and snow-capped mountains in the year-round sunny weather. Nelson Tasman is at the very heart of Aotearoa/New Zealand. Its central location make it an ideal place to pause in your itinerary.

**DISCOVER ABEL TASMAN NATIONAL PARK**
Hike, cruise, seakayak, swim or just relax in this pristine environment with crystal clear waters, golden beaches and lush green bush. Stay overnight in a luxury lodge, a simple DOC hut or even a tent.

**ART GALLERIES AND MUSEUMS**
Explore the many art galleries and museums including the Suter Art Gallery, Founders Heritage Park, National WOW Museum and Nelson Classic Car Collection, or some of the 300 artists studios.

**MAPUA WHARF**
Unwind at Mapua Wharf, where the best of kiwi culture meets sophisticated cafes, galleries, specialty stores, a wine bar and a brewery.

**TE WAIKOROPUPU SPRINGS**
See some of the world’s clearest water at Te Waikoropupu Springs in Golden Bay and take a guided nature and bird tour along the unique Farewell Spit.

**SKYDIVE ABEL TASMAN**
See both the North and South Islands and enjoy stunning mountain and coastal views while freefalling from 16,500 feet.

**SCENIC HELICOPTER FLIGHTS**
Experience a personalised scenic flight, with landings at Lord of the Rings locations or on a remote mountain top.

**LOCAL BEACHES**
Soak up the sun at one of the local beaches – try supping at Tahunanui, have a BBQ at Rabbit Island, or explore Cable Bay where the Cable Bay Adventure Park has a whole range of outdoor activities including horse riding and the 800m long skywire!

**NELSON SATURDAY MARKET**
Stroll around the famous Nelson Saturday Market, filled with art, craft, fashion, jewellery, artisan food and fresh local produce.

**CYCLE THE REGIONS’ GREAT RIDES**
The family friendly Great Taste Trail or the historically rich Dun Mountain Trail. Try out the wide range of mountain biking trails too.

**VISIT A CRAFT BREWERY OR CELLAR DOOR**
Sample a craft beer, cider or local wine at one of the regions 11 craft breweries or 28 cellar doors. The perfect accompaniment to the fresh seafood at a waterfront restaurant.

For more information on Nelson Tasman visit traveltrade.newzealand.com