

IF YOU SEEK PATHS UNPAVED



 Kapiti Island
Wellington

This land was made for walking.

Strap on a pair of hiking boots, fill up your backpack with snacks and get exploring dense rainforests filled with deafening birdsong or moving ice sheets suspended high up on mountain tops. Across the country you can descend into ancient valleys, amble over rocks and rivers or weave your way through harakeke (flax) and along golden beaches.

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Something for everyone

The range of safe, well-established and maintained trail networks across the motu (country) ensures there's something to suit every adventurer. From accessible nature trails for the whole whānau (family), to challenging multi-day treks through remote, diverse environments. Whatever you seek, you can guarantee New Zealand has it.

Island walks and experiences

Visit Kapiti Island, one of New Zealand's original nature reserves, and be guided through a place filled with breathtaking forest scenery and endangered species. Stay overnight to hear, and perhaps even see kiwi.

Or take a trip to Rangitoto Island, a perfectly cylindrical, cone-shaped dormant volcano. Hike to the top and soak in the views back toward Tamaki Makaurau (Auckland). In the south, a trip to Mou Waho Island on Lake Wānaka with an iconic Kiwi guide is a must. Take a hike to view the lake on an island on a lake, meet the unique Buff Weka and reduce your carbon footprint by planting a native tree.

Guided walks

To really connect with the whenua (land) and get a true understanding of a place's mauri (essence/life force), a kaiarahi (guide) is the best option. Our passionate people bring landscapes to life with stories of natural and human history. Guided walks can be half-day, full-day, or multi-day, depending on how much time you have.

Walk with giants on a spiritual encounter through the Waipoua Forest in Northland. Be guided down a path at dusk, hearing stories and legends of times passed, and come kanohi ki te kanohi (face to face) with some of the oldest and largest known kauri trees in the world.

Join your guide on The Hollyford Wilderness Experience, an easy-paced two-night walk in the stunning Hollyford Valley in Fiordland National Park. Your kaiarahi will bring to life the diversity of the landscape, wildlife, and history. Fine cuisine freshly prepared by your host, along with cozy facilities at the nature lodges make this an excellent way to explore.

Great walks

The ten Great Walks are two to six-day adventures on well-formed and signposted tracks. Each Great Walk has been selected for its combinations of cultural significance, extraordinary scenery, and ease of access. You can choose to unlock the secrets of these walks independently or team up with a guide. Choosing which walk is most suitable for your fitness level is especially important, as is deciding if you will walk the entire track or just parts of it. The Tongariro Northern Circuit is arguably one of the most picturesque Great Walks. You will see volcanic craters, lava flows, and emerald-coloured lakes. Choose to do the one-day crossing walk, or the entire three-night circuit track.

Day walks

If a multi-day hike isn't on your bucket list or you're short on time, day walks allow you to traverse through scenic coastlines, farmland, river valleys, and forest tracks. The Hooker Valley Track in the stunning Aoraki National Park highlights majestic glaciers, icebergs, and giant buttercups. Arrive early morning for the chance to view a spectacular alpine sunrise.

